

A detailed nautical chart of the Rhode Island - East Coast area, showing the coastline, water depths, and various navigational aids. The chart is titled "UNITED STATES - EAST COAST RHODE ISLAND - MASSACHUSETTS" and "NARRAGANSETT BAY". It includes several compass roses and a scale bar. A purple rectangular box is drawn on the chart, highlighting a specific area in the western part of the bay.

**Late Summer 2022**

# MASTHEAD

**The Essential Sailing and Social Event of 2022**

**Shields Class  
National Championship Regatta  
Newport, RI Sep 7-10 2022**



## Back to Newport Again — Join Us for the Nationals

Welcome to Newport, one of the world's sailing capitals, where the hottest and most persistent keel-boat one-design is the Shields Class. It's kind of crazy that we have 32 registered Shields in Fleet 9, but it also makes total sense given that, just like sailing in Newport, the Shields and the one-design racing it engenders is truly timeless.

Newport didn't always have the biggest Shields fleet, but it was in the class history books from Year One. Besides Corny Shields, only one other private owner shows up in the 1963 log of buyers at Cape Cod Shipbuilding—Commodore William Manice, Jr., of Ida Lewis Yacht Club, the incoming commodore of the Ida Lewis Yacht Club that year.

The Nationals first arrived here in 1972 and the first Rhode Island team to win a Nationals and were led by Gordon Benjamin and Bonnie Shore when the regatta came back again in 1976. The event has been hosted at Ida Lewis eight times in total, and I'll never forget my first Nationals in 2001 when we sailed in beautiful sea breezes on the ocean side of Brenton Reef for three magnificent days.

The most recent Nationals here was in 2015. Betsy Yale was our dedicated fleet captain at that time, corralling us into good order along with Nationals regatta chair and Ida Lewis past commodore Robbie Benjamin. While Betsy, to our sorrow, left us before her time, I thank her for her years of service and am sure she is watching over this next gathering of a Nationals fleet again with pride and affection.

Betsy's successor as fleet captain for several years, Ted Slee, is a three-time past national champion and the leader of our Nationals Committee, along with John Horton, an Ida Lewis member who first sailed in the fleet in 1966. Their committee has worked steadily to run a top-notch, affordable event alongside Commodore Steve MacGillivray and club manager Paul Gallahue, who is rolling out the red carpet on our behalf.

On-the-water race management is headed up by former class president Peter Gerard and a team of Ida Lewis volunteers. In a following article, Peter describes what to expect when racing on the ocean side of Newport, as well as up the Bay if conditions require sailing there. The jury is chaired by Christina McDavid

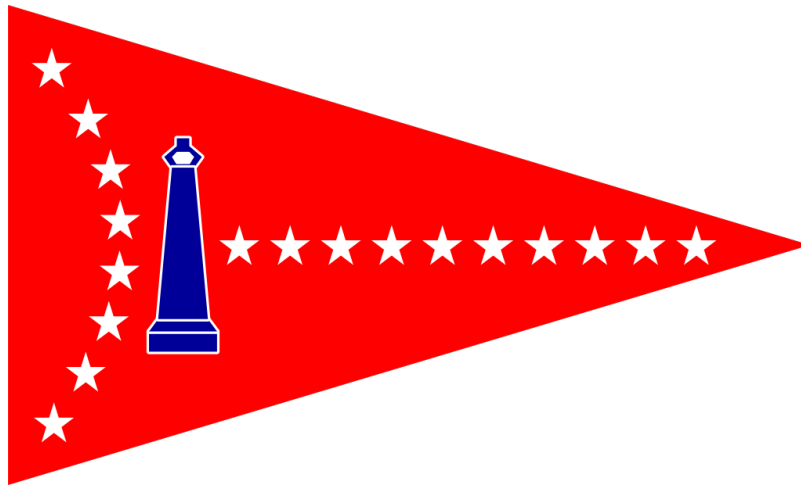
Working with the class officers led by President Key Deyett, we've laid the foundation for a competitive and fun event. Club members have opened their doors to host visiting sailors, and Shields owners who aren't racing have generously loaned their boats to some of you coming from afar.

I'd like to give a shoutout to the Newport Harbormaster, Steve Land, for assisting us with a pilot program to invite mooring holders to loan their moorings to visitors.

It's my privilege to follow Betsy Yale's and Ted Slee's footsteps as host fleet captain during a Nationals, supporting our Nationals Committee and working with an extraordinary board of five Fleet 9 officers—Mike Toppa, Bill Doyle, Ron Oard, and Heather Shaver. On behalf of all of the above, as well as the Ida Lewis flag officers Stephen MacGillivray, Chris Arner, and Bill O'Hanley, I look forward to welcoming you to our sailing home, competing in the regatta, toasting the victors, helping to award the Take A Bow trophy (as is required of all former recipients!), and together adding to the camaraderie and proud legacy of this great one-design class.

*John Burnham*  
*Fleet 9 Captain*





### Shields National Championship Competitors –

As the Commodore of the Ida Lewis Yacht Club, I would like to welcome you to the 58th Shields National Championship Regatta in Newport and to our club on Lime Rock. Lime Rock was the location of the Lime Rock Light Station in Newport Harbor whose lighthouse keeper Ida Lewis was famous for the rescue of 18 lives - although unofficial reports suggest the number may have been as high as 25. Lime Rock was purchased in 1928 for \$7,600 and the Ida Lewis Yacht Club was founded in that same year. Our burgee has 18 stars representing each of these lives Ida Lewis saved.



The Shields Class and Fleet 9 have played an important role in the sailing history of Ida Lewis Yacht Club and many of our members have experienced the joys of racing the Cornelius Shields designed classic on Narragansett Bay and elsewhere. For this reason, the 58th Shields National Championship is extremely important to the club and many member volunteers, our staff and the Race Committee have been working hard to ensure that you have the best possible experience on and off the water. We hope that you all have a great regatta and I look forward to seeing you in person on Lime Rock.

Sincerely,  
Steve MacGillivray  
Commodore



## Local Knowledge: Sailing at Newport, R.I. By Mike Marshall, courtesy of North Sails

Mike Marshall is the current J/24 world champion and a North Sails designer who is frequently found trimming the main and calling tactics aboard 217 in the Newport fleet.

When sailing in Newport, the wind will either blow from the North, or we'll get the trademark Southwest sea breeze. The other wind directions, East and West, are far less common.

If you are sailing on an offshore circle in the sea breeze, the typical wind direction is between 215-255 degrees. The general rule of thumb is if it blows left of that, you end up going to the left, and likewise, if it trends to the right side of that range, you'll end up hitting the right side of the course. As the sea breeze builds, it tends to fill from the ocean. On the first beat of a race in a filling sea breeze, you'll want to be on the tack that leads you farther into the ocean.

The current will either be coming in or leaving the bay. As it leaves the bay, it will either curve to the left and into Block Island Sound, or curve right. It's always smart to get out there early and look at the lobster pots around the course – the farther you sail up the course, the more thorough your understanding will be of the tide on that day.

Racing on the inshore circles will be more current sensitive. The ebb and flow will switch close to the times posted, but the timing may change if, for example, we had a lot of rain the day before. As a general rule of thumb, the current tends to switch on the Jamestown side first, close to the shore, and then move across the bay. Probably the last area to completely switch is the channel.

Again, lobster traps and boys are plentiful and offer a great read on what is happening with the current. Whoever catches that current switch first, and makes the most of it, are going to be the boats leading the race. There are a couple of places you can hide from the current – shallow areas and beneath Rose and Gould Island (depending on your racing area) are examples.

Pressure south of Rose and Goat Islands will be shifty in the Northerly direction and fairly steady in the sea breeze. The current will largely dictate your decisions.

Courses North of the bridge can be a little tricky. In Potters Cove, the southerly breeze will partially funnel over the land and drop in on the south side of the course. You can end up with two breezes – one that is coming down the bay and under the bridge (this tends to be a little bit more left), and one that fills over Jamestown and into Potters Cove (this tends to be a little more right). A good rule of thumb is to figure out which breeze the windward mark sits in and, depending on how much the current is helping or hindering you, work the same breeze the windward mark is in so you will get that last shift to cross in.



## Sponsored By Aukai Spirit - "Travel by Sea"

We are proud to announce AUKAI SPIRIT™ as a sponsor for the 2022 Shields National Regatta.

AUKAI in Hawaiian means to travel by sea. AUKAI SPIRIT™ is a premium distillery based in Hawaii launched by sailors to bring the excitement of sailing in the Sandwich Islands to you. Their award-winning premium rums are distilled from only the finest ingredients and call to mind the natural beauty and flavors of Hawaii. When you take a sip, it's like tacking into the trade winds towards Diamond Head with a spectacular sunset waiting for your return to harbor. Enjoy drinking AUKAI SPIRIT™ on all of your adventures!



### John Burnham's 5 Tips for Visiting Yachtsmen

1. The committee will reach out with details of housing/ mooring assignments, etc. Questions? Contact Ted Slee: [tedslee@mail.com](mailto:tedslee@mail.com)
2. Get to know our partner across the harbor, Sail Newport. Located at Fort Adams State Park, the premier public-access sailing facility provides excellent launch and haul facilities. See following article by Brad Read, executive director and regular crew on 258.
3. Be ready to sail at 0830 each day as our courses will be a distance away, either south of Brenton Reef on Rhode Island Sound, or north of Gould Island on Narragansett Bay.
4. For scheduled "dinner on your own" nights, make reservations before coming to Newport (see separate article).
5. Plan to have an awesome time on the water, at Ida Lewis, and exploring Newport—whether strolling past the mansions along the Cliff Walk or checking out the new Sailing Museum along the waterfront on Thames Street.

### Launching at Sail Newport with the "X-Frame"

Sail Newport - Brad Read

<https://fb.watch/eqv4ad6FNx/> link to lifting frame video

Launching and hauling for the Nationals will be at Sail Newport, Rhode Island's outstanding public-access sailing facility in Newport's Fort Adams State Park. Fleet 9 worked with Sail Newport, naval architect Matt Smith, and New England Boatworks' Tom Rich to design and build a lifting frame two years ago. The frame lifts a Shields safely on two hull straps using Sail Newport's single-point hoist. Watch this video to see it in action: <https://fb.watch/etAzxfAHja/>

Also, visiting teams should check out Sail Newport's website [www.sailnewport.org](http://www.sailnewport.org) and call ahead to plan your launch.



## Where to Dine in Newport?

For those who are planning to compete in this year's Nationals, there are a number of dining options around the City by the Sea for you and your team to pick from on your Friday night off. There are the Newport classics of The Clarke Cooke House and The Black Pearl, both on Ban-nister's Wharf which was the home of a few America's Cup competitors in the 1960's to 1980's. If you are looking for something a little different than the typical restaurant, might we suggest Guisto in the Hammett's Wharf Hotel or possibly Stone Acre Brasserie, Stone Acre Garden, TSK, or Bar Cino? If you are looking for Mexican, we might suggest Diego's or Perro Salado? Is Italian what you are craving? We might suggest Pasta Beach, Sardellas, or Mama Luisa's? If sea-food is what you fancy, then Midtown Oyster Bar, The Moorings, Lobster Bar, or Scales n Shells would be a good option. For those looking for a bit of finer dining, look no further than 22 Bowen's, White Horse Tavern, Castle Hill, or Bouchard's. If you're really in the mood for casual dining, then maybe Brick Alley Pub, Wharf Pub, Smoke House, Pour Judgement, Surf Bar, Benjamin's, Zelda's, Malt, or Fifth Element are your thing. No Matter where you decide to dine, it's a good idea to make a reservation (where possible) in advance to ensure you get a seat at your ideal choice for dinner. Most restaurants in Newport either use Resy or Open Table reservation systems and allow booking up to two weeks in advance.



## Parking in Newport

With Newport's year-round popularity, we do ask that team's try to limit the number of vehicles by carpooling to the club. Parking along Wellington Ave is somewhat limited, but there should be enough for everyone. Please avoid the desire to park in the King's Park trailer lot (grass field adjacent to club entrance) since this area is meant for those with a special parking permit and comes with a \$50 penalty. We will be working with our neighbors to find overflow parking if we should need it.

## President's Welcome

On a beautiful day in November 1962, events were set in motion, that would ultimately intertwine all our fates. This event never made it into the history books, it didn't change the course of our country and it wasn't anything we learned in school. It was, but a single moment in history, the moment the first Shields came out of the mold at Cape Cod Ship Building. There was no crowd, no fleet, and no community at that point. But in just 2 years from the birth of the Shields boat came the event that would determine the best in the nation, Nationals!



These seemingly insignificant moments would eventually propel us into a joyous comradery that can only be bestowed upon those in sharing a true passion together.

No one knew it then, but 60 years later the class is still going strong with a potential of 40 Shields on the starting line at this year's Nationals. The 58th Shields Nationals are being hosted by the Ida Lewis Yacht Club on September 7-10, 2022. Will you join us for pure comradery, competition...and of course a few cocktails?

Be part of the spirit of Corinthian Shields Racing as it was intended from the very start in a historic location of unrivaled sailing competition.

The dedication, commitment, and resilience of the regatta host team ensure this will be an event you will not want to miss!

On the water, competition will be fierce! Do you have what it takes to take home one of the coveted trophies, that will forever label you among the best Shields sailors in the nation?

Off the water Newport is well known for the dining, mansions, museums, entertainment, and hospitality. So, bring your friends and family for one final summer bash. It will be a Nationals the Shields class won't soon forget.

See you at the weather mark in Narragansett Bay,  
Ken Deyett  
Shields 237, Marion Fleet 10  
Shields Class President

